

# Befriend a Tree

To celebrate National Tree Week we are encouraging park users to get to know the trees in their local green spaces better. Why not become friends with a tree and try out these activities?



Take a photo of your tree every time you visit it

Measure your tree's height and width



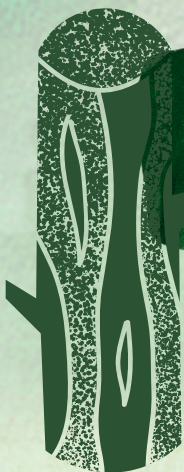
Use the fallen leaves to make leaf print art



ID your tree and learn all about it's life cycle



Use crayons and paper to create a bark rubbing



Spot the wildlife that uses your tree



Don't forget to share your tree challenges with us on social media by tagging @theparkstrust

